

Time	Monday	Tuesday	Wednesday	Thursday	Friday
06h00 to 07h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Gabby (Max 5 People)		ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)
	INTERMEDIATE MAT PILATES Carla (Max 8 People)		INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		BARRE Alette (Max 8 People)
08h00 to 09h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)
09h00 to 10h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	BEGINNER PILATES MAT Andriesa (Max 8 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	BARRE Carla (Max 8 People)	BARRE Carla (Max 8 People)
	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		BEGINNER PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)
15h00 to 16h00	KIDDIES PILATES Carla (Max 8 Kids)		KIDDIES PILATES Carla (Max 8 Kids)		
16h00 to 17h00	BARRE Carla (Max 8 People)	BARRE CARLA (Max 8 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	BARRE Carla (Max 8 People)	
				INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	
17h00 to 18h00	INTERMEDIATE MAT PILATES Alette (Max 8 People)	ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	BEGINNER MAT PILATES Carla (Max 8 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	
	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)			INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	
18h00 to 19h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	INTERMEDIATE MAT PILATES Carla (Max 8 People)	ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	
	BARRE Gabby (Max 8 People)				
PRIVATE CLASSES & OPERATING TIMES	06H00 to 19H00	06H00 to 19H00	06H00 to 19H00	06H00 to 19H00	06H00 to 12H00