

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
05h00 to 06h00	BEGINNER PILATES MAT CHRISTINE (Max 8 People)		INTERMEDIATE PILATES MAT CHRISTINE (Max 8 People)		INTERMEDIATE PILATES MAT CHRISTINE (Max 8 People)	
06h00 to 07h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Gaby (Max 5 People)	INTERMEDIATE PILATES MAT (INSTRUCTOR TBC) (Max 8 People)	ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	
	INTERMEDIATE MAT PILATES Carla (Max 8 People)		INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		INTERMEDIATE PILATES MAT (INSTRUCTOR TBC) (Max 8 People)	
08h00 to 09h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	
09h00 to 10h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	BEGINNER PILATES MAT Andriesa (Max 8 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		INTERMEDIATE MAT PILATES Alette (Max 8 People)	BEGINNER PILATES MAT CHRISTINE (Max 8 People)
	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		BEGINNER PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)	
16h00 to 17h00	BARRE Carla (Max 8 People)	BARRE CARLA (Max 8 People)	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	BARRE Carla (Max 8 People)		
				INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		
17h00 to 18h00	INTERMEDIATE MAT PILATES Alette (Max 8 People)	ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Andriesa (Max 5 People)		
	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		BEGINNER MAT PILATES Alette (Max 8 People)			
18h00 to 19h00	INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	INTERMEDIATE MAT PILATES Carla (Max 8 People)	ATHLETIC PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)		INTERMEDIATE PILATES LARGE EQUIPMENT (Reformer, Chair & Towers) Carla (Max 5 People)	
	Intermediate Large Equipment Reformer, Chair & Towers Andriesa (Max 5 people)		Beginner Large Equipment Reformer, Chair & Towers Alette (Max 5 people)			
PRIVATE CLASSES & OPERATING TIMES	05H00 to 19H00	06H00 to 19H00	05H00 to 19H00	06H00 to 19H00	05H00 to 12H00	