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PEAK RATES



Private + Semi-Private				
Rate shown is Per Person-Per Class (Monthly bookings required)				
	Private	Duo (2 People)	Trio(3 People)	Quad (4 People)
Option 1: Pilates Classes (Mat + Machines: Reformer;Towers;Chairs)				
1x Weekly	R578	R375	R340	R315
2x Weekly	R567	R365	R330	R305
3x Weekly	R557	R355	R320	R295
Drop in rate per class	R700	R445	R410	R380
Weigh, Measure & Body Fat Analysis (Free Service To Private Clients)				
Group Classes				

Monthly Rates shown below (Minimum 4 people in a Group Class)				
	1x Weekly	2x Weekly	3x Weekly	Drop In Rate Per Class
Option 1: Pilates (Mat & Small Equipment)	R780	R1,430	R1,975	R240
Option 2: Pilates (Stretch)	R930	R1,740	R2,370	R255
Option 3: Pilates (Machines: Reformer;Towers;Chairs)	R930	R1,740	R2,370	R255

Kids				
Group Fee 1x Monthly Rate / Private Rate is Per Person - Per Class (Monthly bookings required)				
	Group Monthly 1x Weekly	Drop In Rate Per Class		Private
Kids & Teen (5-12 Years Old)(45min)	R720	R255		R300

Other Services (Once off)	
Group Class Orientation/ Initial Assesment For Beginners (55min)	R155